



S.A.S.A North District

NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2022

**Incorporating Midland District Age Group Championships
(UNDER FINA AND SCOTTISH SWIMMING RULES)**

25th, 26th and 27th March 2022

Aberdeen Aquatics Centre, Regent Walk, Aberdeen AB24 1SX

MEET INFORMATION

Pool 50 Metres, 10 Lanes, 2m Deep, Electronic Timing, Omega blocks with back-plates and backstroke starting devices

Sessions	Session One	Warm Up	17.00	- Start	17.30	- Finish	20.00
	Session Two	Warm Up	08.00	- Start	09.05	- Finish	12.05
	Session Three	Warm Up	12.30	- Start	13.35	- Finish	16.35
	Session Four	Warm Up	17.00	- Start	17.45	- Finish	19.45
	Session Five	Warm Up	08.00	- Start	09.05	- Finish	12.05
	Session Six	Warm Up	12.30	- Start	13.35	- Finish	16.35
	Session Seven	Warm Up	17.00	- Start	17.45	- Finish	19.45

(SUBJECT TO CHANGE IF NECESSARY)

Events 50m Backstroke, Butterfly, Breaststroke and Freestyle – Heats and Finals
100m Backstroke, Butterfly, Breaststroke and Freestyle – Heats and Finals
200m Ind. Medley – Heats and Finals
200m Backstroke, Butterfly, Breaststroke and Freestyle – Timed Finals
400m Freestyle and Individual Medley – Timed Finals
800m and 1500m Freestyle – Timed Finals
Mixed 4 x 50m Freestyle and 4 x 50m Medley Relays – Timed Finals

Eligibility to Enter This meet is open to swimmers who are members of Clubs affiliated to the North and Midland Districts.

Age at In accordance with British Swimming requirement age is at 31 December 2022
Competitors may swim only in their own age groups – see below

Ages and Times There are separate consideration times for girls and boys ages 12 years, 13 years, 14 /15 years, 16/17 years and 18 and over.

Please note that individual events will be swum combined by age in heats and in timed finals. Finals will be swum as separate age groups – 12/13, 14/15, 16/17 and 18 and over.

Consideration times for individual events are attached. Accredited times will not be required but entry times must have been performed since 01/02/2020 and a Proof of Times must be submitted to validate this. Entries may have to be limited dependent upon numbers received in which case entries will be accepted across age groups (entry age) as evenly as is practical.

Relay events will be open to mixed teams comprising two boys and two girls aged 12-14 and aged 15 and over. Each relay event will be run separately OR combined and seeded by time at the discretion of the referee.

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There are no consideration times for relay events but entry times must be submitted and these should be the sum of the times of four swimmers eligible to swim in that event.

Para Swimming Events

Swimmers who have a recognised classification (WPS, BS, BBS, UKSA or INAS-FID) and are registered members of Scottish Swimming will be eligible to compete in the multi-classification (MC) events. The MC events will be integrated into the heats of each age group seeded by absolute time. Please refer to the Supplementary Para Swimming Conditions for more information. **Please ensure that any MC swimmers are identified as such with their classification at the point of entry.**

Entries

All entries must be on Hy-tec Team Manager entry file (District Rule SW 4.1). Entry files may be obtained by downloading from the North District website (www.sasanorth.org.uk) or contact District Entries Secretary on entries@sasanorth.org.uk.

Entries may have to be limited dependent upon numbers received.

Please email completed entry files to the District Entries Secretary – entries@sasanorth.org.uk

Summary sheet and entry fees should be sent to –
Sandra Middleton, 19 Slains Terrace, Bridge of Don, Aberdeen, AB22 8TU
(summary sheet may be emailed with entry files)

CLOSING DATE FOR ELECTRONIC ENTRIES IS FRIDAY 25 FEBRUARY 2022.

Please note summary sheet and payment must be received within 3 days of this date and that due to previous late payments and the need to get the programme out timeously there will be zero tolerance of late payment and any entry that is not accompanied by payment in the specified timeframe will be rejected without delay.

The fee for entries received which are outwith the consideration times for any of the District Competitions shall not be refunded under any circumstances. (District Rule SW 4.6 refers).

Entry fees

£7.00 per individual swim £10.00 per relay event

Cheques should be made payable to SASA North District and MUST be received within 3 postal days of the closing date.

Payment can alternatively be paid by BACS. Reference should be AGECE followed by your club code eg AGECEANX. Bank details for BACS payments are on the summary sheet.

Early Withdrawals

Withdrawals prior to the event may be sent or e-mailed to Sandra Middleton at entries@sasanorth.org.uk to arrive by 5pm at the latest on Thursday 24 March 2022. NB: All details must be included on e-mail withdrawals ie Name, Event No, Stroke, Comp No etc. Telephone withdrawals will not be accepted.

Withdrawals at the Meet

Withdrawals from heats at the meet should be notified on the withdrawal form issued. The sheets should be handed in to the recorders' table at least 1 hour prior to the start of the appropriate session. See Rule SW5.1(b).

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Qualifying for Finals	There will be heats and finals for all 50m, 100m events and for 200m Individual Medley with the finals age-grouped as 12/13 years, 14/15 years, 16/17 years and 18 and over.
Withdrawals from Finals	<p>Swimmers who wish to withdraw from a final must inform the recorder and complete the withdrawal form no later than 30 minutes after finalists lists have been published or announced. This will ensure that a reserve can be given the opportunity to compete and the final seeded accordingly. Rule SW 5.1 refers. Withdrawals from finals or in the case of illness should be completed on the old style withdrawal forms available from the recorders.</p> <p>Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except in the case of proven illness or emergency) shall be suspended immediately from all further events at the Meet. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane; there will be no re-seeding.</p>
Marshalling	There will be marshalling for heats and for finals. All swimmers must attend marshalling before their events and are advised to attend in good time. The start of a race will not be delayed for absent competitors and swimmers who have not presented themselves to the marshals prior to their heat leaving at the <u>first</u> marshalling area will not be permitted to swim, will be treated as a late withdrawal and may be fined accordingly.
Reserves	Reserves must marshal unless they have withdrawn.
Awards	<p>Medals will be awarded for 1st, 2nd and 3rd places in all events places according to age groupings 12-13 years, 14/15 years, 16/17 years and 18 years and over. Separate medals will be issued to North and Midland swimmers.</p> <p>Grampian Rosebowl, Sam Muir Quaich, Jean Muir Memorial Trophies and Welsh Trophies will be awarded to North District swimmers according to North District rule SW12.3. using FINA points as the scoring method. The Roy Wilson Trophy will be awarded to the Best Club using points scored 10 - 1 over all events. Points will be scored from Finals and Timed Finals.</p>
Technical Officials	<p>Lists of Technical Officials for all sessions must be emailed to the Meet Officials Convenor, Colin Oswald theoswalds2@icloud.com no later than 14 days before the first day of the meet. Friday 11th March 2022.</p> <p>Technical Officials must be submitted on the North District form for this purpose and must be emailed (not posted) by the specified date. Failing to submit the form in accordance with these conditions will be considered a failure to submit the form. North District rules SW 6.2 and SW4.1 refer.</p> <p>Please note that probationary Judges and Timekeepers wishing specific signatures, i.e. Chief timekeeper or stroke, should make this request to the Meet Officials Convenor when names are submitted.</p> <p>Submission on an excel spreadsheet (available from Colin or the North District website) is preferred but submissions can be sent by email using the form below. Please complete one sheet for each session of the meet. Queries or changes to Technical Officials after the closing date should be directed to Colin Oswald at theoswalds2@icloud.com</p>

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Mentoring will be at the discretion of the referees depending on the availability of suitable mentors.

Additional Notes

1. All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files. A Licence has been granted for this competition and accreditation will be applied for to the SASA.
All participants should adhere to the Scottish Swimming Code of Ethics, and relevant codes of conduct.
2. **The use of mobile phones or other devices capable of photography is not permitted at any time in the changing village, toilets or shower areas and they must be switched to silent in the pool hall.**
3. Different persons have authority and overall responsibility for the running of the meet at different stages.
A list will be issued prior to the competition detailing whom you should approach with any queries, concerns or complaints during the various stages of the meet.
4. Facility capacity will be prioritised for athletes and team staff. Any remaining capacity may be allocated to spectating. Details to be confirmed after entries have been processed and in line with facility guidance if conditions permit.

Photos/ Videos

Please note that anyone wishing to use photographic equipment, including video cameras must register with the Meet Convenor (application should be made on the appropriate Scottish Swimming Health and Safety form and signed by the relevant club official).

Media & Photography Information

Throughout this event SASA North District may have authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet. Images will be uploaded to our website and our social network sites. Should any competitor wish not to be photographed please complete the Media/Photography Refusal of Consent Form which is available on our website. If at any time a competitor wishes a static image to be removed from our website, 7 days' notice must be given to SASA North District after which the data will be removed.

Data Protection

Entries & Results

In order to operate this meet, we have a legitimate interest to collect and process some basic personal data from all competitors, specifically name, gender, date of birth.

This data will be held securely and only used for the purposes of managing the meet and reporting results. Dates of birth will only be shared with -

- Scottish Swimming for the purpose of maintaining the National Database which is used for Squad Selection and
- Swim England for inclusion on Rankings

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Names, gender and age (but not date of birth) will be retained and will be shared with attending clubs and may be published for the purpose of reporting and keeping records.

Test & Protect

As per the COVID procedures and guidelines in place for the event, Aberdeen Sports Village require contact details for everyone that is part of the event.

They will require:

- Name
- Contact number
- Club
- Role at the event
- Sessions participating

Information will be gathered through the QR codes available at the venue. This does not apply to athletes as club contacts will be given for athletes. The information will be given to the facility management who will store it securely for 21 days and will delete it at that point. The information will only be passed on to the Test & Protect team if required.

In addition to the Test and Protect information, they require additional information about those visiting the facility for the event. Information will be gathered through the same QR codes used for the Test & protect information available at the venue.

This includes:

- Gender (Optional)
- Age Group banding
- Home Post Code

A data protection statement from ASV detailing why the information is being gathered, how they will use and store the information will be available and distributed to everyone prior to the event.

Covid Disclaimer

While every reasonable effort will be made for the competition to happen, the regular changes in COVID restrictions that we have seen still provide some unpredictability when planning competition. The conditions for the meet and whether the entire competition ultimately takes place is dependent on the local/regional restrictions in place on facilities, the sporting activity and the participants at that time.

No guarantee can be given by SASA North District that the meet will take place at a particular time, on any particular date or at any particular venue. SASA North District reserves the right to cancel the meet without notice and without liability for doing so if required. The meet will not be rescheduled if it is unable to take place on the scheduled dates.

In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of SASA North District. SASA North District will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.

Meet Convenor

Lyn Strachan

e-mail: president@bodasc.co.uk

SASA NORTH DISTRICT

AGE GROUP SWIMMING CHAMPIONSHIPS 2022

Incorporating Midland District Age Group Championships

25, 26 & 27 MARCH - ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

Programme of Events

Session 1 - Friday Evening (Time Trials)			
101	Girls 12+	800m	Freestyle
102	Boys 12+	1500m	Freestyle
103	Girls 12+	1500m	Freestyle
104	Boys 12+	800m	Freestyle

Session 2 - Saturday Morning			
201	Girls 12+	200m	Individual Medley
202	Boys 12+	200m	Butterfly
203	Girls 12+	200m	Breaststroke
204	Boys 12+	50m	Freestyle
205	Girls 12+	50m	Backstroke
206	Boys 12+	100m	Breaststroke
207	Girls 12+	100m	Freestyle
208	Boys 12+	400m	Freestyle

Session 5 - Sunday Morning			
501	Boys 12+	200m	Individual Medley
502	Girls 12+	200m	Butterfly
503	Boys 12+	200m	Breaststroke
504	Girls 12+	50m	Freestyle
505	Boys 12+	50m	Backstroke
506	Girls 12+	100m	Breaststroke
507	Boys 12+	100m	Freestyle
508	Girls 12+	400m	Freestyle

Session 3 - Saturday Afternoon			
301	Girls 12+	200m	Backstroke
302	Boys 12+	200m	Freestyle
303	Girls 12+	50m	Breaststroke
304	Boys 12+	50m	Butterfly
305	Girls 12+	100m	Butterfly
306	Boys 12+	100m	Backstroke
307	Girls 12+	400m	Individual Medley

Session 6 - Sunday Afternoon			
601	Boys 12+	200m	Backstroke
602	Girls 12+	200m	Freestyle
603	Boys 12+	50m	Breaststroke
604	Girls 12+	50m	Butterfly
605	Boys 12+	100m	Butterfly
606	Girls 12+	100m	Backstroke
607	Boys 12+	400m	Individual Medley

Session 4 - Finals - Saturday Evening			
201	Girls 12-13	200m	Individual Medley
201	Girls 14-15	200m	Individual Medley
201	Girls 16-17	200m	Individual Medley
201	Girls 18+	200m	Individual Medley
204	Boys 12-13	50m	Freestyle
204	Boys 14-15	50m	Freestyle
204	Boys 16-17	50m	Freestyle
204	Boys 18+	50m	Freestyle
205	Girls 12-13	50m	Backstroke
205	Girls 14-15	50m	Backstroke
205	Girls 16-17	50m	Backstroke
205	Girls 18+	50m	Backstroke
206	Boys 12-13	100m	Breaststroke
206	Boys 14-15	100m	Breaststroke
206	Boys 16-17	100m	Breaststroke
206	Boys 18+	100m	Breaststroke
207	Girls 12-13	100m	Freestyle
207	Girls 14-15	100m	Freestyle
207	Girls 16-17	100m	Freestyle
207	Girls 18+	100m	Freestyle
304	Boys 12-13	50m	Butterfly
304	Boys 14-15	50m	Butterfly
304	Boys 16-17	50m	Butterfly
304	Boys 18+	50m	Butterfly
303	Girls 12-13	50m	Breaststroke
303	Girls 14-15	50m	Breaststroke
303	Girls 16-17	50m	Breaststroke
303	Girls 18+	50m	Breaststroke
306	Boys 12-13	100m	Backstroke
306	Boys 14-15	100m	Backstroke
306	Boys 16-17	100m	Backstroke
306	Boys 18+	100m	Backstroke
305	Girls 12-13	100m	Butterfly
305	Girls 14-15	100m	Butterfly
305	Girls 16-17	100m	Butterfly
305	Girls 18+	100m	Butterfly
401	Mixed 12-14	4x50m	Medley Relay
402	Mixed 15&O	4x50m	Medley Relay

Session 7 - Finals - Sunday Evening			
501	Boys 12-13	200m	Individual Medley
501	Boys 14-15	200m	Individual Medley
501	Boys 16-17	200m	Individual Medley
501	Boys 18+	200m	Individual Medley
504	Girls 12-13	50m	Freestyle
504	Girls 14-15	50m	Freestyle
504	Girls 16-17	50m	Freestyle
504	Girls 18+	50m	Freestyle
505	Boys 12-13	50m	Backstroke
505	Boys 14-15	50m	Backstroke
505	Boys 16-17	50m	Backstroke
505	Boys 18+	50m	Backstroke
506	Girls 12-13	100m	Breaststroke
506	Girls 14-15	100m	Breaststroke
506	Girls 16-17	100m	Breaststroke
506	Girls 18+	100m	Breaststroke
507	Boys 12-13	100m	Freestyle
507	Boys 14-15	100m	Freestyle
507	Boys 16-17	100m	Freestyle
507	Boys 18+	100m	Freestyle
604	Girls 12-13	50m	Butterfly
604	Girls 14-15	50m	Butterfly
604	Girls 16-17	50m	Butterfly
604	Girls 18+	50m	Butterfly
603	Boys 12-13	50m	Breaststroke
603	Boys 14-15	50m	Breaststroke
603	Boys 16-17	50m	Breaststroke
603	Boys 18+	50m	Breaststroke
606	Girls 12-13	100m	Backstroke
606	Girls 14-15	100m	Backstroke
606	Girls 16-17	100m	Backstroke
606	Girls 18+	100m	Backstroke
605	Boys 12-13	100m	Butterfly
605	Boys 14-15	100m	Butterfly
605	Boys 16-17	100m	Butterfly
605	Boys 18+	100m	Butterfly
701	Mixed 12-14	4x50m	Freestyle Relay
702	Mixed 15&O	4x50m	Freestyle Relay

SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2022

25, 26 & 27 MARCH 2022

Consideration Times:

Please note No Accredited Times are required for Age Group Championships in 2022. However these times must have been achieved since 1 February 2020. Please send a proof of entry report with your entries, any times which cannot be verified as done since that date will be automatically withdrawn as per Swimming Regulation 2.2.

Times below are long course times. Times converted from short course accredited competitions will also be accepted. Times must be equal to or faster than -

Women/Girls						Men/Boys				
<2004	2005/6	2007/8	2009	2010	Event	2010	2009	2007/8	2005/6	<2004
00:31.00	00:33.00	00:34.00	00:36.00	00:39.00	50m Freestyle	00:39.00	00:36.00	00:33.00	00:31.00	00:28.50
01:09.00	01:12.00	01:15.00	01:18.00	01:25.00	100m Freestyle	01:25.00	01:18.00	01:13.00	01:07.00	01:01.00
02:30.00	02:36.00	02:42.00	02:50.00	03:00.00	200m Freestyle	03:06.00	02:50.00	02:37.00	02:28.00	02:15.00
05:00.00	05:10.00	05:30.00	05:50.00	06:20.00	400m Freestyle	06:20.00	05:50.00	05:22.00	05:00.00	04:50.00
10:50.00	11:17.50	11:23.70	11:48.30	12:16.10	800m Freestyle	12:16.10	12:02.30	11:12.80	10:41.70	10:01.80
20:40.70	21:20.30	22:18.90	22:59.50	23:12.30	1500m Freestyle	23:23.00	22:56.30	21:05.80	20:25.20	19:09.90
00:35.00	00:37.00	00:39.00	00:41.00	00:44.00	50m Backstroke	00:45.00	00:42.00	00:38.00	00:36.00	00:32.00
01:15.00	01:20.00	01:24.00	01:28.00	01:35.00	100m Backstroke	01:40.00	01:30.00	01:23.00	01:19.00	01:10.00
02:43.00	02:51.00	02:57.00	03:05.00	03:15.00	200m Backstroke	03:20.00	03:07.00	02:55.00	02:44.00	02:33.00
00:41.00	00:43.00	00:45.00	00:47.00	00:49.00	50m Breaststroke	00:51.00	00:48.00	00:43.00	00:40.00	00:36.00
01:30.00	01:34.00	01:38.00	01:45.00	01:50.00	100m Breaststroke	01:55.00	01:46.00	01:35.00	01:29.00	01:21.00
03:10.00	03:18.00	03:22.00	03:35.00	03:50.00	200m Breaststroke	03:50.00	03:40.00	03:19.00	03:08.00	02:53.00
00:34.00	00:36.00	00:38.00	00:40.00	00:43.00	50m Butterfly	00:44.00	00:41.00	00:37.00	00:34.00	00:30.00
01:15.00	01:21.00	01:25.00	01:32.00	01:40.00	100m Butterfly	01:40.00	01:33.00	01:23.00	01:16.00	01:07.00
02:45.00	03:00.00	03:10.00	03:25.00	03:40.00	200m Butterfly	03:50.00	03:25.00	03:02.00	02:50.00	02:33.00
02:50.00	02:55.00	03:02.00	03:10.00	03:20.00	200m I.M.	03:30.00	03:12.00	02:56.00	02:48.00	02:33.00
06:00.00	06:10.00	06:18.00	06:45.00	07:10.00	400m I.M.	07:10.00	06:50.00	06:10.00	05:55.00	05:25.00

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SASA NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS 2022

Incorporating Midland District Age Group Championships

25, 26 & 27 MARCH 2022

ABERDEEN SPORTS VILLAGE AQUATICS CENTRE

Supplementary Para Swimming Conditions and Entry Standards

These are to be adhered to in conjunction with the general conditions for the Age Group Championships.

The following events will be integrated into the heats according to eligibility criteria:

Event	Male and Female
50m Freestyle	S1 – S14
100m Freestyle	S1 – S14
200m Freestyle	S1 – S5 and S14
400m Freestyle	S6 – S13
50m Backstroke	S1 – S5
100m Backstroke	S6 – S14
50m Breaststroke	SB1 – SB3
100m Breaststroke	SB4 – SB9, SB11 – SB14
50m Butterfly	S2 – S7
100m Butterfly	S8 – S14
200m IM	SM5 – SM14

Eligibility

All Competitors must be registered as members of a swimming club affiliated to the SASA North District or Midland District at the time of entry. **Entry standards are as attached and these are open age group standards.**

All competitors must have an authorised World Para Swimming, British Swimming, VIRTUS or British Blind Sport classification, which is held on the Home Nation Membership or WPS Swimming Classification Database at the time of entry.

Para swimmers must be identified as such with their classification at the point of entry.

General

- A copy of information held on the Scottish Swimming Membership database must be submitted to the Recording desk prior to the start of the session with the athlete's first event. No further submission is required following this. Any concerns about this, please speak to the Meet Convenor.
- All eligible swimmers will be integrated into the event seeded by absolute time. Where relevant, the competition shall take place under the relevant WP Swimming, Swimming Rules. Personal care attendants will only be permitted for swimmers where assistance is permitted on their code of exceptions. A swimmer who has assistance as specified above may have both a coach and a personal care attendant present.

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Medals

There will be no medals for Para swimming events.

Standards

Event	Class	Girls	Boys	Event	Class	Girls	Boys
50m Freestyle	S1	02:22.99	02:33.08	100m Backstroke	S1	07:37.83	04:18.54
	S2	02:05.27	01:50.07		S2	04:19.15	03:27.52
	S3	01:42.20	01:18.12		S6	02:17.97	02:08.76
	S4	01:09.45	01:03.89		S7	02:19.43	01:59.14
	S5	01:05.25	00:53.30		S8	02:13.13	01:54.05
	S6	00:56.78	00:51.70		S9	02:00.73	01:45.33
	S7	00:56.34	00:47.58		S10	01:57.20	01:42.68
	S8	00:52.97	00:46.00		S11	02:10.87	01:57.91
	S9	00:49.49	00:42.82		S12	01:57.61	01:44.16
	S10	00:47.16	00:39.95		S13	01:53.03	01:41.76
	S11	00:50.64	00:44.51		S14	01:55.48	01:41.01
	S12	00:46.89	00:40.55	50m Breaststroke	SB1	03:50.89	03:28.13
	S13	00:46.02	00:41.02		SB2	03:04.31	01:45.52
	S14	00:48.52	00:43.18		SB3	01:40.35	01:23.84
100m Freestyle	S1	07:04.37	05:10.91	100m Breaststroke	SB4	03:07.61	02:50.34
	S2	04:45.53	03:45.13		SB5	02:56.14	02:31.32
	S3	03:06.37	03:07.42		SB6	02:42.35	02:17.87
	S4	02:41.09	02:20.98		SB7	02:38.64	02:10.85
	S5	02:18.87	02:00.36		SB8	02:22.97	01:58.85
	S6	02:06.96	01:51.26		SB9	02:11.90	01:55.70
	S7	02:01.33	01:45.30		SB11	02:26.27	02:03.45
	S8	01:54.97	01:39.48		SB12	02:13.02	01:51.79
	S9	01:47.76	01:35.11		SB13	02:07.75	01:50.45
	S10	01:43.16	01:27.46		SB14	02:09.08	01:52.05
	S11	01:53.15	01:40.47	50m Butterfly	S1	05:00.00	05:00.00
	S12	01:42.42	01:29.88		S2	03:57.64	02:57.55
	S13	01:41.06	01:31.10		S3	01:58.41	01:33.07
	S14	01:43.85	01:29.15		S4	01:25.41	01:33.92
200m Freestyle	S1	11:15.63	08:43.43		S5	01:17.06	00:54.18
	S2	11:49.48	07:12.09		S6	01:01.86	00:53.62
	S3	08:42.66	05:46.68		S7	00:58.34	00:49.88
	S4	06:16.33	04:57.06	100m Butterfly	S8	02:15.88	01:47.44
	S5	04:43.30	04:29.64		S9	01:56.33	01:42.92
	S14	03:40.20	03:14.58		S10	01:55.06	01:38.02
400m Freestyle	S6	08:51.88	08:38.23		S11	02:59.71	01:50.11
	S7	08:50.21	07:54.21		S12	01:52.81	01:38.28
	S8	08:20.85	07:36.40		S13	01:52.98	01:36.90
	S9	07:54.84	07:11.02		S14	01:53.05	01:34.66
	S10	07:42.04	06:54.65	200m IM	SM5	06:07.10	05:47.65
	S11	08:42.85	07:47.31		SM6	05:01.61	04:34.19
	S12	08:19.92	07:50.64		SM7	05:08.77	04:17.69
	S13	07:48.98	06:51.88		SM8	04:45.36	04:00.60
	S14	08:36.17	07:20.27		SM9	04:24.59	03:51.27
50m Backstroke	S1	03:51.05	02:05.43		SM10	04:09.95	03:43.36
	S2	01:59.32	01:37.43		SM11	04:41.54	04:11.55
	S3	01:33.69	01:17.47		SM12	04:15.37	03:54.14
	S4	01:22.21	01:12.37		SM13	04:11.46	03:42.34
	S5	01:13.58	00:56.75		SM14	04:13.66	03:40.86



25, 26 & 27 March 2022 – ABERDEEN AQUATICS CENTRE

Club Name/Abbr _____

Match Secretary _____
Address _____
Tel. No _____
E-mail address _____

CLOSING DATE FOR ELECTRONIC ENTRIES – 25 FEBRUARY 2022

Paperwork and payment to be received by the District Entries Secretary within 3 postal days of closing date

**Cheques should be made payable to:
SASA NORTH DISTRICT**

**BACS Payment Reference AGEC followed by Club Code eg
AGECNANX Sort Code: 80-05-16 A/C No 00882011**

Have you enclosed or sent:	Cheque or BACS payment Hy-tec Team Manager Entry File Declaration and Summary Sheet Proof of Times Report
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Late payment will result in electronic entries being rejected

I confirm that all swimmers entered in this competition have paid their current SASA membership fee.
I confirm that all coaches and/or team staff from our club who will be on poolside are members of Scottish Swimming and have current PVG disclosure.



S.A.S.A North District

Signed

Position in Club

Date

(This declaration **must** be completed by all competing clubs)

NORTH DISTRICT AGE GROUP SWIMMING CHAMPIONSHIPS Incorporating Midland District Age Group Championships

OFFICIALS SHEET - Please Use the Excel Spreadsheet available and email to Meet Officials Convenor **NOT** the Entries Secretary

Club

STO Contact Name:

Tel No:

E-mail address:

Meet Officials Convenor: Colin Oswald

Tel: 07711614512

E-mail: theoswalds2@icloud.com

No of swimmers entered.....

Session 1										
	Judges	Judge Level	Club Code		Timekeepers	Club Code	SASA Number		Judge Mentoring	Training Level
	Name				Name				Name	
1				1				1		
2				2				2		
3				3				3		
4				4				4		
5				5				5		
6				6				6		
7				7				7		
8				8				8		
9				9				9		
10				10				10		
11				11				11		
12				12				12		

COMPLETION AND OTHER NOTES

1. An Officials Sheet **MUST** be completed and emailed to the Meet Officials Convenor, Colin Oswald at theoswalds2@icloud.com **no later than 14 days before the first day of the meet.**
2. Each Club's submission for ALL sessions should comply with North District **Swimming Regulation 6.3.1** as follows:-

4 swimmers or fewer	No Technical Officials required, but please return the form duly marked
5 – 8 swimmers	1 Technical Official for every session of the Meet
9 – 12 swimmers	1 Technical Official for every session, at least Judge 1 or above
13 – 16 swimmers	2 Technical Officials for every session, at least 1 of which must be a Judge 1 or above
17 – 20 swimmers	3 Technical Officials for every session, at least 1 of which must be a Judge 1 or above and 1 more must be a Judge 2 or above
21 – 24 swimmers	4 Technical Officials for every session, at least 1 of which must be a Judge 1 or above and 1 more must be a Judge 2 or above
25 – 49 swimmers	5 Technical Officials for every session, at least 2 of which must be a Judge 1 or above and 1 more must be a Judge 2 or above
50+ swimmers	7 Technical Officials for every session, at least 2 of which must be a Judge 1 or above and 2 more must be a Judge 2 or above

Please note that the number of swimmers is the number entered into the meet not the number in a session and that these are the minimum requirements, extra officials are always welcome.

3. For the purposes of Rule SW6.2 Trainee Judge 1 will count as Timekeeper, and Trainee Judge 2 & 2S count as Judge, however Trainees being mentored on the day will not count towards their club's provision of officials for the purposes of Rule SW6.5
SW6.6 Where the Referees in charge agree that there were sufficient Swimming Technical Officials present to ensure adequate cover in any session, an official might be mentored at the next level for which they were training without incurring a penalty for that session, even although this may technically leave their Club short of the numbers required to meet SW6.2. Officials carrying out scheduled Final Assessments will count at their existing level.
4. For the purpose of determining how many swimmers a Club has entered into a North District Meet or Championships, only swimmers entered into individual events shall be counted in accordance with SW 6.4

1	Only enter information in the green highlighted sections (the others are locked). Capital first letter then lower case.		
2	Please complete ALL the programmed sessions for the meet		
	Judges		
3	Please complete each Column with the available judges for each session		
	Name	Club	Level
	Full name of Judge	Your club Initials	Current qualification
	Time Keepers		
4	Please complete each Column with available Time Keepers for each session		
	Name	Club	
	Full name of time keeper	Your club Initials	
5	Mentoring - It is not always possible to facilitate mentoring due to lack of officials. Please enter those who require mentoring under their current qualification AND in the mentoring section. e.g. - If a time keeper is requesting a J1 mentoring session then please include the name in the Time keepers Column and in mentoring Column.		
	Mentoring Requests		
	Name	Club	Level
	Full name of Trainee	Your club Initials	Level at which mentoring is required.